

# PROGRAMME - DAY 1

Date	28th March 2026, Saturday		
Venue	Auditorium, Connexion Conference & Event Centre (CCEC)		
0730 - 0815	Registration		
0815 - 0845	Plenary 1: Pre-habilitation - Preparing Patients for Major Abdominal Surgery <i>Dr Katijjahbe Binti Md Ali</i>		
0845 - 0915	Plenary 2: Metabolic Inflexibility: How It Influences Outcomes <i>Prof. Dr John Whittle</i>		
0915 - 0945	Plenary 3: A Sustainability Framework for ERAS in Public Hospitals - Maximizing Outcomes Through Efficient Resource Utilization <i>TBC</i>		
0945 - 1025	Debate 1: Enhanced Recovery: Whose Pathway is It - Surgeon or Anaesthetist?		
1025 - 1100	Opening Ceremony		
1100 - 1120	Morning Tea		
Venue	Reflexion, CCEC	Auditorium, CCEC	Continuum, CCEC
1120 - 1140	Sponsored Lecture 1	Sponsored Lecture 2	Sponsored Lecture 3
1140 - 1300	Symposium 1: HPB	Symposium 2: PBM	Symposium 3: Nursing
	Enhanced Recovery in HPB Surgery - Where Are We Now & What's Next? <i>Dr Thanesh Kumar</i>	Practical Considerations in IV Iron Management <i>Dr Siti Hajar Haryati Fauzi</i>	Empowering Surgical Recovery: The Nurse as a Transformational Leader in ERAS Coordination <i>SN Siti Noor Ernizah Hamzah</i>
	Perioperative Goal Directed Therapy in HPB Surgery: Striking the Right Balance <i>Dr Syarifah Noor Nazihah Sayed Masri</i>	Intraoperative Mitigation Strategies: Second Pillars of PBM <i>Dr Boo Han Sin</i>	Stoma Care and ERAS pathways - Perioperative Considerations <i>SN Parizatul Hanim Ahmad Sharif</i>
	Drains & Catheters: Barriers to Early Mobilization? <i>Dr Chik Ian</i>	Managing Acute Bleeding: Point-of-Care Strategies for Rapid Hemostasis <i>Dr Mohd Fitry Zainal Abidin</i>	The Role of Nurses in ERAS : From Pre to Post Operative Care <i>SN Mohd Norazam Ismail</i>
	Q&A	Q&A	Q&A
1300 - 1400	Lunch		
Venue	Reflexion, CCEC	Auditorium, CCEC	Continuum, CCEC
1400 - 1520	Symposium 4: Arthroplasty	Symposium 5: Leadership	Symposium 6: Regional Analgesia
	Prehabilitation for Quick Comeback: Boosting Recovery after Knee Surgery <i>Mr Efri Hendri</i>	Setting Up Enhanced Recovery Pathways in a Surgical Unit - Practice Tips & Strategies <i>Dr Hans Mahendran</i>	RA Beyond the OR: Continuous blocks, Catheter Pathways & Ward Protocols <i>Dr Azrin Mohd Azidin</i>
	Robotic Assisted Total Knee Arthroplasty: The Game Changer in Rapid Recovery <i>Dr Kunalan Ganthel</i>	Accreditation Towards ERAS: Is it Necessary? <i>Dr Kwang Yeong How</i>	Integrating Preemptive Superior Hypogastric Plexus Block into Minimally Invasive Gynaecologic Surgery for Enhanced Recovery <i>Dr Sharifah Halimah Jaafar</i>
	Local Infiltration Analgesia in ERAS for Total Knee Arthroplasty <i>Dr Khairul Anwar Ayob</i>	The Role of Anaesthesiologists in a Value Based Healthcare System <i>Assoc Prof Dr Hairil Rizal Abdullah</i>	Interfascial Plane Block in Major Abdominal Surgery: Evidence and Evolution <i>Dr Vera Lim Qinyi</i>
	Q&A	Q&A	Q&A
1520 - 1540	Afternoon Tea		
Venue	Reflexion, CCEC	Auditorium, CCEC	Continuum, CCEC
1540 - 1700	Symposium 7: Colorectal Surgery	Symposium 8: Periop Med	Symposium 9: Allied Health Care
	Minimally Invasive & Robotic Surgery - Making Strides in Enhancing Recovery <i>Dr Sentilnathan Subramaniam</i>	Nutrition, Sarcopenia & Immunomodulation - Its Effects on Perioperative Outcomes <i>Dr Hans Mahendran</i>	Enhancing Patient Outcomes with Nurse-Led Perioperative Education <i>SN Ivy Christine Duakin</i>
	Revival Story: HKL Colorectal Enhanced Recovery <i>Dr Fadzwan Basri</i>	Frailty and Surgery: A Stepwise Preparation Framework <i>Dr Ke Yuhe</i>	Breath Stronger, Recover Faster: Inspiratory Muscle Training <i>Dr Nor Azura Azmi</i>
	Tailoring ERAS for Rectal vs. Colon Surgery: One Protocol Doesn't Fit All <i>Dr Mohanaraj Thanapal</i>	Integrating Telemedicine within a Multidisciplinary Team Framework in Prehabilitation <i>Prof Dr. John Whittle</i>	Pharmacist Collaboration in Optimizing ERAS Outcomes <i>Dr Birinder Singh</i>
	Q&A	Q&A	Q&A
2000	Faculty Dinner		

## 1<sup>st</sup> MALAYSIAN PERIOPERATIVE MEDICINE SYMPOSIUM 2026



28-29 MARCH 2026  
KUALA LUMPUR  
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# PROGRAMME - DAY 2

Date	29th March 2026, Sunday		
Venue	Auditorium, Connexion Conference & Event Centre (CCEC)		
0730 - 0830	Registration		
0830 - 0900	Plenary 4: Transforming the Perioperative Medicine Care Model - the SGH Experience Assoc Prof Dr Hairil Rizal Abdullah		
0900 - 0930	Plenary 5: Cost Effectiveness of ERAS Protocols: Perspective from a Key Stakeholder Dr Kamal Amzan		
0930 - 1000	Sponsored Plenary : Bridging the Gap: Integrating Regional Anaesthesia in High Risk Surgical Patient TBC		
1000 - 1020	Morning Tea		
Venue	Reflexion, CCEC	Auditorium, CCEC	Continuum, CCEC
1020 - 1040	Sponsored Lecture 4	Sponsored Lecture 5	Sponsored Lecture 6
1040 - 1200	Symposium 10: Periop Analgesia	Symposium 11: Recovery Pathways	Symposium 12: Multidisciplinary Care
	Preoperative Pain Management: A physiotherapy strategy to improve outcome Dr Mohd Azzuan Ahmad	Perioperative high dose corticosteroids - Make or Break: A Surgeon's Perspective Dr Jade Ho Pei Yuik	Enhanced Recovery in Acute Care Surgery: Feasible or Futile? Dr Kwang Yeong How
	Implementing Opioid-Sparing Strategies in ERAS: Barriers and Opportunities in Resource-Limited Environments Dr Omar Sulaiman	Selective Analgesia: Motor Sparing Blocks for Enhanced Recovery Dr Iskandar Khalid	Perioperative Preparation of endourological procedures: Navigating the Perils of UroTechnology Brig Jen (Dr) Ngoo Kay Seong
	Surgical Strategies for Pain Relief - Fascial plane catheters & Beyond Dr Hari Sellappan	Cognitive Decline in Elderly Orthopaedic Patients: A Hidden Barrier to Enhanced Recovery Pathways Dr Ke Yuhe	Early Eat-Drink-Move After Surgery: Too Much, Too Soon? Dr Rajaie Kamarudin
	Q&A	Q&A	Q&A
1200 - 1240	Debate 2: Epidural in ERAS: Gold Standard or Obsolete Relic of the Past?		
1240 - 1300	Closing ceremony		
1300 - 1400	Lunch		

**\*\* Please note:** The programme above is tentative and may be subject to further revision.



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Malaysian  
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