

PROGRAMME - DAY 1

Date	28th March 2026, Saturday		
Venue	Auditorium, Connexion Conference & Event Centre (CCEC)		
0730 - 0815	Registration		
0815 - 0845	Plenary 1: Pre-habilitation - Preparing Patients for Major Abdominal Surgery <i>Dr Katijjahbe Binti Md Ali</i>		
0845 - 0915	Plenary 2: Metabolic Inflexibility: How It Influences Outcomes <i>Prof. Dr John Whittle</i>		
0915 - 0945	Plenary 3: A Sustainability Framework for ERAS in Public Hospitals - Maximizing Outcomes Through Efficient Resource Utilization <i>TBC</i>		
0945 - 1025	Debate 1: Enhanced Recovery: Whose Pathway is It - Surgeon or Anaesthetist?		
1025 - 1100	Opening Ceremony		
1100 - 1120	Morning Tea		
Venue	Reflexion, CCEC	Auditorium, CCEC	Continuum, CCEC
1120 - 1140	Sponsored Lecture 1 Symposium 1: HPB Enhanced Recovery in HPB Surgery - Where Are We Now & What's Next? <i>Dr Thanesh Kumar</i>	Sponsored Lecture 2 Symposium 2: PBM Practical Considerations in IV Iron Management <i>Dr Siti Hajar Haryati Fauzi</i>	Sponsored Lecture 3 Symposium 3: Nursing Empowering Surgical Recovery: The Nurse as a Transformational Leader in ERAS Coordination <i>SN Siti Noor Enrizah Hamzah</i>
1140 - 1300	Perioperative Goal Directed Therapy in HPB Surgery: Striking the Right Balance <i>Dr Syarifah Noor Nazihah Sayed Masri</i>	Intraoperative Mitigation Strategies: Second Pillars of PBM <i>Dr Boo Han Sin</i>	Stoma Care and ERAS pathways - Perioperative Considerations <i>SN Parizatul Hanim Ahmad Sharif</i>
	Drains & Catheters: Barriers to Early Mobilization? <i>Dr Chik Ian</i>	Managing Acute Bleeding: Point-of-Care Strategies for Rapid Hemostasis <i>Dr Mohd Fitry Zainal Abidin</i>	The Role of Nurses in ERAS : From Pre to Post Operative Care <i>SN Mohd Norazam Ismail</i>
	Q&A	Q&A	Q&A
1300 - 1400	Lunch		
Reflexion, CCEC Symposium 4: Arthroplasty Prehabilitation for Quick Comeback: Boosting Recovery after Knee Surgery <i>Mr Efrin Hendri</i>	Auditorium, CCEC Symposium 5: Leadership Setting Up Enhanced Recovery Pathways in a Surgical Unit - Practice Tips & Strategies <i>Dr Hans Mahendran</i>	Continuum, CCEC Symposium 6: Regional Analgesia RA Beyond the OR: Continuous blocks, Catheter Pathways & Ward Protocols <i>Dr Azrin Mohd Azidin</i>	
1400 - 1520	Robotic Assisted Total Knee Arthroplasty: The Game Changer in Rapid Recovery <i>Dr Kunalan Ganthei</i>	Accreditation Towards ERAS: Is it Necessary? <i>Dr Kwang Yeong How</i>	Integrating Preemptive Superior Hypogastric Plexus Block into Minimally Invasive Gynaecologic Surgery for Enhanced Recovery <i>Dr Sharifah Halimah Jaafar</i>
	Local Infiltration Analgesia in ERAS for Total Knee Arthroplasty <i>Dr Khairul Anwar Ayob</i>	The Role of Anaesthesiologists in a Value Based Healthcare System <i>Assoc Prof Dr Hairil Rizal Abdullah</i>	Interfascial Plane Block in Major Abdominal Surgery: Evidence and Evolution <i>Dr Vera Lim Qinyi</i>
	Q&A	Q&A	Q&A
1520 - 1540	Afternoon Tea		
Reflexion, CCEC Symposium 7: Colorectal Surgery Minimally Invasive & Robotic Surgery - Making Strides in Enhancing Recovery <i>Dr Senthilnathan Subramaniam</i>	Auditorium, CCEC Symposium 8: Periop Med Nutrition, Sarcopenia & Immunomodulation - Its Effects on Perioperative Outcomes <i>Dr Hans Mahendran</i>	Continuum, CCEC Symposium 9: Allied Health Care Enhancing Patient Outcomes with Nurse-Led Perioperative Education <i>SN Ivy Christine Duakin</i>	
1540 - 1700	Revival Story: HKL Colorectal Enhanced Recovery <i>Dr Fadzwani Basri</i>	Frailty and Surgery: A Stepwise Preparation Framework <i>Dr Ke Yuhe</i>	Breath Stronger, Recover Faster: Inspiratory Muscle Training <i>Dr Nor Azura Azmi</i>
	Tailoring ERAS for Rectal vs. Colon Surgery: One Protocol Doesn't Fit All <i>Dr Mohanaraj Thanapal</i>	Integrating Telemedicine within a Multidisciplinary Team Framework in Prehabilitation <i>Prof Dr. John Whittle</i>	Pharmacist Collaboration in Optimizing ERAS Outcomes <i>Dr Birinder Singh</i>
	Q&A	Q&A	Q&A
2000	Faculty Dinner		

1st MALAYSIAN PERIOPERATIVE MEDICINE SYMPOSIUM 2026



28-29 MARCH 2026
 KUALA LUMPUR
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PROGRAMME - DAY 2

Date	29th March 2026, Sunday		
Venue	Auditorium, Connexion Conference & Event Centre (CCEC)		
0730 - 0830	Registration		
0830 - 0900	Plenary 4: Transforming the Perioperative Medicine Care Model - the SGH Experience Assoc Prof Dr Hairil Rizal Abdullah		
0900 - 0930	Plenary 5: Cost Effectiveness of ERAS Protocols: Perspective from a Key Stakeholder Dr Kamal Amzan		
0930 - 1000	Sponsored Plenary : Bridging the Gap: Integrating Regional Anaesthesia in High Risk Surgical Patient TBC		
1000 - 1020	Morning Tea		
Venue	Reflexion, CCEC	Auditorium, CCEC	Continuum, CCEC
1020 - 1040	Sponsored Lecture 4	Sponsored Lecture 5	Sponsored Lecture 6
1040 - 1200	Symposium 10: Periop Analgesia Preoperative Pain Management: A physiotherapy strategy to improve outcome Dr Mohd Azzuan Ahmad	Symposium 11: Recovery Pathways Perioperative high dose corticosteroids - Make or Break: A Surgeon's Perspective Dr Jade Ho Pei Yuik	Symposium 12: Multidisciplinary Care Enhanced Recovery in Acute Care Surgery: Feasible or Futile? Dr Kwang Yeong How
	Implementing Opioid-Sparing Strategies in ERAS: Barriers and Opportunities in Resource-Limited Environments Dr Omar Sulaiman	Selective Analgesia: Motor Sparing Blocks for Enhanced Recovery Dr Iskandar Khalid	Perioperative Preparation of endourological procedures: Navigating the Perils of UroTechnology Brig Jen (Dr) Ngoo Kay Seong
	Surgical Strategies for Pain Relief - Fascial plane catheters & Beyond Dr Hari Sellappan	Cognitive Decline in Elderly Orthopaedic Patients: A Hidden Barrier to Enhanced Recovery Pathways Dr Ke Yuhe	Early Eat-Drink-Move After Surgery: Too Much, Too Soon? Dr Rajaie Kamarudin
	Q&A	Q&A	Q&A
	Debate 2: Epidural in ERAS: Gold Standard or Obsolete Relic of the Past?		
1240 - 1300	Closing ceremony		
1300 - 1400	Lunch		

**** Please note:** The programme above is tentative and may be subject to further revision.



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