

1st Malaysian Perioperative Medicine Symposium 2026

PROGRAMME OVERVIEW: DAY 1 (MORNING)

Date	28th March 2026, Saturday		
Venue	Venue: Auditorium, Nexus, Connexion Conference & Event Centre, Bangsar South, Kuala Lumpur		
0730-0830	Registration		
0830-0850	Opening Ceremony		
0850-0920	Plenary 1: Perioperative Prediction; Pitfalls and Progress (30 mins)		
0920-0950	Plenary 2: Surgical Outcomes: What Matters Most? (30 mins)		
0950-1020	Plenary 3: <i>Diamond Sponsored Plenary (30 mins)</i>		
1020-1100	Debate: Enhanced Recovery: Whose Pathway is It - Surgeon or Anaesthetist? (40 mins)		
1100-1120	Morning Tea		
Venue	Venue: TBD	Venue: TBD	Venue: TBD
1120-1140	<i>Platinum Sponsored Lecture (20 mins)</i>	<i>Platinum Sponsored Lecture (20 mins)</i>	<i>Platinum Sponsored Lecture (20mins)</i>
1140-1300	Symposium 1: HPB	Symposium 2: Analgesia	Symposium 3: Leadership
	Enhanced Recovery in HPB Surgery: Where are We Now & What's Next? (20 mins)	Surgical Strategies for Pain Relief: Wound Catheters & Beyond (20 mins)	Setting Up Enhanced Recovery Pathways in a Surgical Unit: Practice Tips & Strategies (20 mins)
	Perioperative Goal Directed Therapy in HPB surgery: Striking the Right Balance (20 mins)	Integrating Preemptive Superior Hypogastric Plexus Block into Minimally Invasive Gynaecologic Surgery for Enhanced Recovery (20 mins)	Accreditation Towards ERAS: Is it Necessary? (20 mins)
	Enhanced Recovery in Hepatobiliary Surgery: Are Fascial Plane Blocks the Answer? (20 mins)	Regional Anaesthesia and ERAS Outcomes: Do Nerve Blocks Really Improve Recovery? (20 mins)	Revival Story: HKL Colorectal Enhanced Recovery (20 mins)
	Q&A (20 mins)	Q&A (20 mins)	Q&A (20 mins)
1300-1400	Lunch		

This draft programme will be subject to changes. Please refer to the website for the latest version.

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PROGRAMME OVERVIEW: DAY 1 (AFTERNOON)

Venue	Venue: TBD	Venue: TBD	Venue: TBD
1400-1520	Symposium 4: Arthroplasty	Symposium 5: Preop	Symposium 6: Nursing
	Same Day Mobilization in Total Knee Arthroplasty is the New Norm (20 mins)	Nutrition & Sarcopenia in Surgical Patients: Practical Strategies (20 mins)	Empowering Surgical Recovery: The Nurse as a Transformational Leader in ERAS Coordination (20 mins)
	Surgical Adjuncts for Early Mobilization in Total Knee Arthroplasty: Essential or Luxury (20 mins)	Frailty & Risk Stratification: What Makes the Cut? (20 mins)	Patient Education: The Key To Successful ERAS (20 mins)
	LIA in ERAS for Total Knee Arthroplasty (20 mins)	Bridging the Gap: Integrating Regional Anaesthesia into ERAS Pathways (20 mins)	The Role of Nurses in ERAS: From Pre to Post Operative Care (20 mins)
	Q&A (20 mins)	Q&A (20 mins)	Q&A (20 mins)
1520-1540	Afternoon Tea		
1540-1700	Symposium 7: Surgery	Symposium 8: Postop	Symposium 9: Physiotherapy
	Minimally Invasive & Robotic Surgery: Making Strides in Enhancing Recovery (20 mins)	Early Mobilization & Return to Functional Recovery: Surgeons Leading the Way (20 mins)	Preoperative Pain Management: A Physiotherapy Strategy to Improve Outcome (20 mins)
	Drains and Catheters: Barriers to Early Mobilization? (20 mins)	Continuous Catheter Techniques in ERAS: Do They Add Value? (20 mins)	Breath Stronger, Recover Faster: Inspiratory Muscle Training (20 mins)
	Tailoring ERAS for Rectal vs. Colon Surgery: One Protocol Doesn't Fit All (20 mins)	Do All High-risk Surgical Patients Need the ICU? Rethinking Postoperative Admission Practices (20 mins)	Prehabilitation for Quick Comeback: Boosting Recovery after Knee Surgery (20 mins)
	Q&A (20 mins)	Q&A (20 mins)	Q&A (20 mins)
2000	Faculty dinner		

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PROGRAMME OVERVIEW: DAY 2

Date	29th March 2026, Sunday		
Venue	Venue: Auditorium		
0730-0830	Registration		
0830-0900	Plenary 4: Cost Effectiveness of ERAS Protocol: Perspective from a Key Stakeholder (30 mins)		
0900-0930	Plenary 5: <i>Diamond Sponsored plenary (30 mins)</i>		
0930-1000	Plenary 6: Pre-habilitation: Preparing Patients for Major Abdominal Surgery (30 mins)		
1000-1020	Morning Tea		
Venue	Venue: TBD	Venue: TBD	Venue: TBD
1020-1040	<i>Platinum Sponsored Lecture (20 mins)</i>	<i>Platinum Sponsored Lecture (20 mins)</i>	<i>Platinum Sponsored Lecture (20 mins)</i>
1040-1200	Symposium 10: PBM	Symposium 11: Updates & Innovations	Symposium 12: Allied Health
	Role of Iron Therapy in Perioperative Anaemia Management (20 mins)	Perioperative High Dose Corticosteroids - Make or Break: A Surgeon's Perspective (20 mins)	Nutritional Precision in ERAS: Enhancing Recovery Through Evidence-Based Practice (20 mins)
	Intraoperative Mitigation Strategies: Second Pillars of PBM (20 mins)	Perioperative Preparation of Endourological Procedures: Navigating the Perils of UroTechnology (20 mins)	Empowering Patients Through Nurse-Led Education in Perioperative Care (20 mins)
	Managing Acute Bleeding: Point-of-Care Strategies for Rapid Hemostasis (20 mins)	Innovations in Regional Anaesthesia: AI & Robotics Shaping ERAS Pain Management (20 mins)	Fit for Surgery: A Multidisciplinary Approach (20 mins)
	Q&A (20 mins)	Q&A (20 mins)	Q&A (20 mins)
1200-1240	Debate: Same-Day Discharge in Ligament Reconstruction Surgery: Why We're Not Ready Yet (40 mins)		
1240-1300	Closing ceremony		
1300-1400	Lunch		

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