

1st Malaysian Perioperative Medicine Symposium 2026: Programme Day 1			
28th March 2026, Saturday			
Venue	Auditorium, Connexion Conference & Event Centre (CCEC), Bangsar South, Kuala Lumpur		
0730-0815	Registration		
0815-0915	PLENARY SESSION 1 Moderators - <i>Dr Mohd Fitri Zainal Abidin, Dr Siti Nadzrah Yunos</i>		
	Pre-habilitation - Preparing Patients for Major Abdominal Surgery <i>Dr Katijahbe Binti Md Ali</i>		
	Metabolic Inflexibility: How It Influences Outcomes <i>Prof Dr John Whittle</i>		
0915-0955	THE BIG DEBATE 1: Enhanced Recovery: Whose Pathway is It - Surgeon or Anaesthetist? Moderators - <i>Dr Syarifah Noor Nazihah Sayed Masri, Dr Jade Ho Pei Yuiik</i> <i>Dr Shahridan Mohd Fathil, Dr Iskandar Khalid, Dr Mohanaraj Thanapal, Dr Chik Ian</i>		
0955-1025	KEYNOTE LECTURE ERAS in Public Hospitals - Challenges in Implementation <i>Datuk Dr. Mahathar Abd. Wahab</i>		
1025-1100	OPENING CEREMONY <i>Datuk Dr. Mahathar Abd. Wahab</i>		
1100-1120	Morning Tea		
Venue	Continuum, CCEC	Auditorium, CCEC	Reflexion, CCEC
1120-1140	PLATINUM SPONSORED LECTURE A. MENARINI Addressing Perioperative Anaemia for Enhanced Recovery <i>Dr Siti Nadzrah Yunos</i>	PLATINUM SPONSORED LECTURE ZUELLIG PHARMA PBM & IV IRON : Haematology Perspective <i>Dr Habiba Kamarul</i>	SYMPOSIUM 3: NURSING Moderator - <i>SN Ivy Christine Duakin</i> Empowering Surgical Recovery: The Nurse as a Transformational Leader in ERAS Coordination <i>SSN Siti Noor Emizah Hamzah</i>
	SYMPOSIUM 1: HPB Moderator - <i>Dr Hari Sellappan</i> Enhanced Recovery in HPB Surgery - Where Are We Now & What's Next? <i>Dr Thanesh Kumar Maiyauen</i>	SYMPOSIUM 2: PBM Moderator - <i>Dr Nor Hidayah Zainool Abidin</i> Practical Considerations in IV Iron Management <i>Dr Siti Hajar Haryati Fauzi</i>	Stoma Care and ERAS Pathways - Perioperative Considerations <i>SN Parizatul Hanim Ahmad Sharif</i> The Role of Nurses in ERAS: From Pre to Post Operative Care <i>SN Mohd Norazam Ismail</i>
1140-1300	Perioperative Goal Directed Therapy in HPB Surgery: Striking the Right Balance <i>Dr Syarifah Noor Nazihah Sayed Masri</i>	Intraoperative Mitigation Strategies: The Second Pillar of Patient Blood Management <i>Dr Boo Han Sin</i>	The NUH ERAS Journey: Navigating Initial Challenges to Establish a Sustainable Nurse-Led Coordination Model <i>Sr Liew Ming Na</i>
	Drains & Catheters: Barriers to Early Mobilization? <i>Dr Chik Ian</i>	Managing Acute Bleeding: Point-of-Care Strategies for Rapid Hemostasis <i>Dr Mohd Fitri Zainal Abidin</i>	Q&A
	Q&A	Q&A	
1300-1400	Lunch		
Venue	Continuum, CCEC	Auditorium, CCEC	Reflexion, CCEC
1400-1520	SYMPOSIUM 4: ARTHROPLASTY Moderator - <i>Dr Lynn Thwin</i>	SYMPOSIUM 5: LEADERSHIP Moderator - <i>Dr Omar Sulaiman</i>	SYMPOSIUM 6: REGIONAL ANALGESIA Moderator - <i>Dr Iskandar Khalid</i>
	Prehabilitation for Quick Comeback: Boosting Recovery after Knee Surgery <i>Mr Efri Hendri</i>	Setting Up Enhanced Recovery Pathways in a Surgical Unit - Practice Tips & Strategies <i>Dr Hans Mahendran</i>	Integrating Preemptive Superior Hypogastric Plexus Block into Minimally Invasive Gynaecologic Surgery for Enhanced Recovery <i>Dr Sharifah Halimah Jaafar</i>
	Robotic Assisted Total Knee Arthroplasty: The Game Changer in Rapid Recovery <i>Dr Kunalan Ganthel</i>	Accreditation Towards ERAS: Is it Necessary? <i>Dr How Kwang Yeong</i>	RA Beyond the OR: Continuous Blocks, Catheter Pathways & Ward Protocols <i>Dr Azrin Mohd Azidin</i>
	Local Infiltration Analgesia in ERAS for Total Knee Arthroplasty <i>Dr Khairul Anwar Ayob</i>	The Role of Anaesthesiologists in a Value Based Healthcare System <i>Assoc Prof Dr Hairil Rizal Abdullah</i>	Interfascial Plane Block in Major Abdominal Surgery: Evidence and Evolution <i>Dr Vera Lim Qinyi</i>
1520-1540	Afternoon Tea		
Venue	Continuum, CCEC	Auditorium, CCEC	Reflexion, CCEC
1540-1700	SYMPOSIUM 7: COLORECTAL SURGERY Moderator - <i>Dr Thanesh Kumar Maiyauen</i>	SYMPOSIUM 8: PERIOP MED Moderator - <i>Dr Syarifah Noor Nazihah Sayed Masri</i>	SYMPOSIUM 9: ALLIED HEALTH CARE Moderator - <i>SSN Siti Noor Emizah Hamzah</i>
	Minimally Invasive & Robotic Surgery - Making Strides in Enhancing Recovery <i>Dr Sentilnathan Subramaniam</i>	Nutrition, Sarcopenia & Immunomodulation - Its Effects on Perioperative Outcomes <i>Dr Hans Mahendran</i>	Enhancing Patient Outcomes with Nurse-Led Perioperative Education <i>SN Ivy Christine Duakin</i>
	Bowel Preparation in ERAS: Where Does the Evidence Stand in 2026? <i>Dr Khairul Hazim Bin Hamdan</i>	Frailty and Surgery: A Stepwise Preparation Framework <i>Assoc Prof Dr Ke Yuhe</i>	Breathe Stronger, Recover Faster: Inspiratory Muscle Training <i>Dr Nor Azura Azmi</i>
	Tailoring ERAS for Rectal vs. Colon Surgery: One Protocol Doesn't Fit All <i>Dr Mohanaraj Thanapal</i>	Integrating Telemedicine within a Multidisciplinary Team Framework in Prehabilitation <i>Prof Dr John Whittle</i>	Pharmacist Collaboration in Optimizing ERAS Outcomes <i>Dr Birinder Singh</i>
2000	Faculty dinner		
Day 2			
29th March 2026, Sunday			
Venue	Auditorium, Connexion Conference & Event Centre (CCEC), Bangsar South, Kuala Lumpur		
0730-0830	Registration		
0830-1000	PLENARY SESSION 2 Moderators - <i>Dr Mohanaraj Thanapal, Dr Fadzvani Basri</i>		
	Transforming the Perioperative Medicine Care Model - the SGH Experience <i>Assoc Prof Dr Hairil Rizal Abdullah</i>		
	Cost Effectiveness of ERAS Protocols: Perspective from a Key Stakeholder <i>Dr Kamal Amzan</i>		
1000-1020	DIAMOND SPONSORED PLENARY		
	PFIZER		
	DrEaMing of Better Recovery Through Multimodal Analgesia <i>Dr Shahridan Mohd Fathil</i>		
1000-1020	Morning Tea		
Venue	Continuum, CCEC	Auditorium, CCEC	Reflexion, CCEC
1020-1040	PLATINUM SPONSORED LECTURE BAXTER Balancing Sustainability and Patient Care: A Clinical, Ethical, and Systems-Based Perspective <i>Dr Syarifah Noor Nazihah Sayed Masri</i>	PLATINUM SPONSORED LECTURE VIATRIS Optimizing Perioperative Outcomes: A Guide to Better Pain Management <i>Dr Lui Ken-Yi</i>	SYMPOSIUM 12: MULTIDISCIPLINARY CARE Moderator - <i>Dr Siti Hajar Haryati</i> Enhanced Recovery in Acute Care Surgery: Feasible or Futile? <i>Dr How Kwang Yeong</i>
	SYMPOSIUM 10: PERIOP ANALGESIA Moderator - <i>Dr Tan Kok Wang</i>	SYMPOSIUM 11: RECOVERY PATHWAYS Moderator - <i>Dr Lynn Thwin</i>	Perioperative Preparation of Endourological Procedures: Navigating the Perils of UroTechnology <i>Brig Jen (Dr) Ngoo Kay Seong</i>
1040-1200	Preoperative Pain Management: A Physiotherapy Strategy to Improve Outcome <i>Dr Mohd Azzuan Ahmad</i>	Perioperative High Dose Corticosteroids - Make or Break: A Surgeon's Perspective <i>Dr Jade Ho Pei Yuiik</i>	Early Eat-Drink-Move After Surgery: Too Much, Too Soon? <i>Dr Rajaie Kamarudin</i>
	Implementing Opioid-Sparing Strategies in ERAS: Barriers and Opportunities in Resource-Limited Environments <i>Dr Omar Sulaiman</i>	Selective Analgesia: Motor Sparing Blocks for Enhanced Recovery <i>Dr Iskandar Khalid</i>	HKL Colorectal Enhanced Recovery: A Revival Story <i>Dr Fadzvani Basri</i>
	Surgical Strategies for Pain Relief - Fascial Plane Catheters & Beyond <i>Dr Hari Sellappan</i>	Cognitive Decline in Elderly Orthopaedic Patients: A Hidden Barrier to Enhanced Recovery Pathways <i>Assoc Prof Dr Ke Yuhe</i>	Q&A
1200-1240	THE BIG DEBATE 2: Epidurals in ERAS: Gold Standard or Obsolete Relic of the Past? Moderator - <i>Dr Siti Nadzrah Yunos</i> <i>Dr Hans Mahendran, Dr Hari Sellappan, Dr Nor Hidayah Zainool Abidin, Dr Tan Kok Wang</i>		
1240-1300	Closing ceremony		
1300-1400	Lunch		