

# 1st Malaysian Perioperative Medicine Symposium: Programme

| 28th March 2026, Saturday |  |  |   |
|---------------------------|--|--|---|
| Venue                     | Auditorium, Connexion Conference & Event Centre (CCEC), Bangsar South, Kuala Lumpur  |  |   |
| 0730-0815                 | Registration   |  |   |
| 0815-0915                 | <b>PLENARY SESSION 1</b>   |  |   |
|                           | Moderators - <i>Dr Mohd Fitriy Zainal Abidin, Dr Siti Nadzrah Yunos</i>  |  |   |
|                           | Pre-habilitation - Preparing Patients for Major Abdominal Surgery<br><i>Dr Katijahbe Binti Md Ali</i>  |  |   |
| 0915-0955                 | <b>THE BIG DEBATE 1: Enhanced Recovery: Whose Pathway is It - Surgeon or Anaesthetist?</b>   |  |   |
|                           | Moderator - <i>Dr Syarifah Noor Nazihah Sayed Masri</i><br>Anesthetists: <i>Dr Shahridan Mohd Fathil, Dr Iskandar Khalid</i>   Surgeons: <i>Dr Mohanaraj Thanapal, Dr Chik Ian</i>   |  |   |
| 0955-1025                 | <b>KEYNOTE LECTURE</b><br>A Sustainability Framework for ERAS in Public Hospitals: Maximizing Outcomes Through Efficient Resource Utilization<br><i>Datuk Dr. Mahathar Abd. Wahab</i>  |  |   |
| 1025-1100                 | <b>OPENING CEREMONY</b><br><i>Datuk Dr. Mahathar Abd. Wahab</i>  |  |   |
| 1100-1120                 | Morning Tea  |  |   |
| Venue                     | Continuum, CCEC  | Auditorium, CCEC   | Reflexion, CCEC   |
| 1120-1140                 | <b>PLATINUM SPONSORED LECTURE</b><br>A. MENARINI<br>Addressing Perioperative Anaemia for Enhanced Recovery<br><i>Dr Siti Nadzrah Yunos</i>   | <b>PLATINUM SPONSORED LECTURE</b><br>ZUELLIG PHARMA<br>PBM & IV IRON : Haematology Perspective<br><i>Dr Habiba Kamarul</i>   | <b>SYMPOSIUM 3: NURSING</b><br>Moderator - <i>SN Ivy Christine Duakin</i><br>Empowering Surgical Recovery: The Nurse as a Transformational Leader in ERAS Coordination<br><i>SSN Siti Noor Ernizah Hamzah</i>   |
|                           | <b>SYMPOSIUM 1: HPB</b><br>Moderator - <i>Dr Hari Sellappan</i><br>Enhanced Recovery in HPB Surgery - Where Are We Now & What's Next?<br><i>Dr Thanesh Kumar Maiyauyen</i><br>Perioperative Goal Directed Therapy in HPB Surgery: Striking the Right Balance<br><i>Dr Syarifah Noor Nazihah Sayed Masri</i>            | <b>SYMPOSIUM 2: PBM</b><br>Moderator - <i>Dr Nor Hidayah Zainool Abidin</i><br>Practical Considerations in IV Iron Management<br><i>Dr Siti Hajar Haryati Fauzi</i><br>Intraoperative Mitigation Strategies: Second Pillars of PBM<br><i>Dr Boo Han Sin</i>  | Stoma care and ERAS pathways - Perioperative Considerations<br><i>SN Parizatul Hanim Ahmad Sharif</i><br>The Role of Nurses in ERAS : From Pre to Post Operative Care<br><i>SN Mohd Norazam Ismail</i><br>The NUH ERAS Journey: Navigating Initial Challenges to Establish a Sustainable Nurse-Led Coordination Model<br><i>Sr Liew Ming Na</i>               |
| 1140-1300                 | Drains & Catheters: Barriers to Early Mobilization?<br><i>Dr Chik Ian</i><br>Q&A   | Managing Acute Bleeding: Point-of-Care Strategies for Rapid Hemostasis<br><i>Dr Mohd Fitriy Zainal Abidin</i><br>Q&A   | Q&A   |
|                           | 1300-1400  | Lunch  |   |
| Venue                     | Continuum, CCEC  | Auditorium, CCEC   | Reflexion, CCEC   |
| 1400-1520                 | <b>SYMPOSIUM 4: ARTHROPLASTY</b><br>Moderator - <i>Dr Jade Ho Pei Yuik</i><br>Prehabilitation for Quick Comeback: Boosting Recovery after Knee Surgery<br><i>Mr Etri Hendri</i><br>Robotic Assisted Total Knee Arthroplasty: The Game Changer in Rapid Recovery<br><i>Dr Kunalan Ganthel</i>                           | <b>SYMPOSIUM 5: LEADERSHIP</b><br>Moderator - <i>Dr Omar Sulaiman</i><br>Setting Up Enhanced Recovery Pathways in a Surgical Unit - Practice Tips & Strategies<br><i>Dr Hans Mahendran</i><br>Accreditation Towards ERAS: Is it Necessary?<br><i>Dr How Kwang Yeong</i>                                | <b>SYMPOSIUM 6: REGIONAL ANALGESIA</b><br>Moderator - <i>Dr Iskandar Khalid</i><br>RA Beyond the OR: Continuous blocks, Catheter Pathways & Ward Protocols<br><i>Dr Azrin Mohd Azidin</i><br>Integrating Preemptive Superior Hypogastric Plexus Block into Minimally Invasive Gynaecologic Surgery for Enhanced Recovery<br><i>Dr Sharifah Halimah Jaafar</i> |
|                           | Local Infiltration Analgesia in ERAS for Total Knee Arthroplasty<br><i>Dr Khairul Anwar Ayob</i><br>Q&A  | The Role of Anaesthesiologists in a Value Based Healthcare System<br><i>Assoc Prof Dr Hairil Rizal Abdullah</i><br>Q&A   | Interfascial Plane Block in Major Abdominal Surgery: Evidence and Evolution<br><i>Dr Vera Lim Qinyi</i><br>Q&A  |
|                           | 1520-1540  | Afternoon Tea  |   |
| Venue                     | Continuum, CCEC  | Auditorium, CCEC   | Reflexion, CCEC   |
| 1540-1700                 | <b>SYMPOSIUM 7: COLORECTAL SURGERY</b><br>Moderator - <i>Dr Thanesh Kumar Maiyauyen</i><br>Minimally Invasive & Robotic Surgery - Making Strides in Enhancing Recovery<br><i>Dr Sentilathan Subramaniam</i><br>Bowel Preparation in ERAS: Where Does the Evidence Stand in 2026?<br><i>Dr Khairul Hazim Bin Hamdan</i> | <b>SYMPOSIUM 8: PERIOP MED</b><br>Moderator - <i>Dr Syarifah Noor Nazihah Sayed Masri</i><br>Nutrition, Sarcopenia & Immunomodulation - Its Effects on Perioperative Outcomes<br><i>Dr Hans Mahendran</i><br>Frailty and Surgery: A Stepwise Preparation Framework<br><i>Associate Prof Dr Ke Yuhe</i> | <b>SYMPOSIUM 9: ALLIED HEALTH CARE</b><br>Moderator - <i>SSN Siti Noor Ernizah Hamzah</i><br>Enhancing Patient Outcomes with Nurse-Led Perioperative Education<br><i>SN Ivy Christine Duakin</i><br>Breath Stronger, Recover Faster: Inspiratory Muscle Training<br><i>Dr Nor Azura Azmi</i>  |
|                           | Tailoring ERAS for Rectal vs. Colon Surgery: One Protocol Doesn't Fit All<br><i>Dr Mohanaraj Thanapal</i><br>Q&A   | Integrating Telemedicine within a Multidisciplinary Team Framework in Prehabilitation<br><i>Prof Dr. John Whittle</i><br>Q&A   | Pharmacist Collaboration in Optimizing ERAS Outcomes<br><i>Dr Birinder Singh</i><br>Q&A   |
|                           | 2000   | Faculty dinner   |   |

| 29th March 2026, Sunday |   |  |   |
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| Venue                   | Auditorium, Connexion Conference & Event Centre (CCEC), Bangsar South, Kuala Lumpur   |  |   |
| 0730-0830               | Registration  |  |   |
| 0830-1000               | <b>PLENARY SESSION 2</b>  |  |   |
|                         | Moderators - <i>Dr Mohanaraj Thanapal, Dr Fadzwan Basri</i>   |  |   |
|                         | Transforming the Perioperative Medicine Care Model - the SGH Experience<br><i>Assoc Prof Dr Hairil Rizal Abdullah</i>   |  |   |
| 1000-1020               | Cost Effectiveness of ERAS Protocols: Perspective from a Key Stakeholder<br><i>Dr Kamal Amzan</i>   |  |   |
|                         | <b>DIAMOND SPONSORED PLENARY</b><br>Pfizer<br><i>Dr Shahridan Mohd Fathil</i>   |  |   |
| 1000-1020               | Morning Tea   |  |   |
| Venue                   | Continuum, CCEC   | Auditorium, CCEC   | Reflexion, CCEC   |
| 1020-1040               | <b>PLATINUM SPONSORED LECTURE</b><br>BAXTER<br>Balancing Sustainability and Patient Care: A Clinical, Ethical, and Systems-Based Perspective<br><i>Dr Syarifah Noor Nazihah Sayed Masri</i>   | <b>PLATINUM SPONSORED LECTURE</b><br>VIATRIS<br>Optimizing Perioperative Outcomes: A Guide to Better Pain Management<br><i>Dr Lui Ken-Yi</i>   | <b>SYMPOSIUM 12: MULTIDISCIPLINARY CARE</b><br>Moderator - <i>Dr Siti Hajar Haryati</i><br>Enhanced Recovery in Acute Care Surgery: Feasible or Futile?<br><i>Dr How Kwang Yeong</i>  |
|                         | <b>SYMPOSIUM 10: PERIOP ANALGESIA</b><br>Moderator - <i>Dr Tan Kok Wang</i><br>Preoperative Pain Management: A physiotherapy strategy to improve outcome<br><i>Dr Mohd Azzuan Ahmad</i><br>Implementing Opioid-Sparing Strategies in ERAS: Barriers and Opportunities in Resource-Limited Environments<br><i>Dr Omar Sulaiman</i> | <b>SYMPOSIUM 11: RECOVERY PATHWAYS</b><br>Moderator - <i>Dr Kunalan Ganthel</i><br>Preoperative High Dose Corticosteroids - Make or Break: A Surgeon's Perspective<br><i>Dr Jade Ho Pei Yuik</i><br>Selective Analgesia: Motor Sparing Blocks for Enhanced Recovery<br><i>Dr Iskandar Khalid</i> | Perioperative Preparation of Endourological Procedures: Navigating the Perils of UroTechnology<br><i>Brig Jen (Dr) Ngoo Kay Seong</i><br>Early Eat-Drink-Move After Surgery: Too Much, Too Soon?<br><i>Dr Rajaa Kamarudin</i><br>Revival Story: HKL Colorectal Enhanced Recovery<br><i>Dr Fadzwan Basri</i> |
| 1040-1200               | Surgical Strategies for Pain Relief - Fascial plane catheters & Beyond<br><i>Dr Hari Sellappan</i><br>Q&A   | Cognitive Decline in Elderly Orthopaedic Patients: A Hidden Barrier to Enhanced Recovery Pathways<br><i>Associate Prof Dr Ke Yuhe</i><br>Q&A   | Q&A   |
|                         | Venue   | Auditorium, CCEC   |   |
| 1200-1240               | <b>THE BIG DEBATE 2: Epidurals in ERAS: Gold Standard or Obsolete Relic of the Past?</b><br>Moderator - <i>Dr Siti Nadzrah Yunos</i><br><i>Dr Nor Hidayah Zainool Abidin, Dr Tan Kok Wang, Dr Hari Sellappan, Dr Hans Mahendran</i>   |  |   |
| 1240-1300               | Closing ceremony  |  |   |
| 1300-1400               | Lunch   |  |   |